

ENTRÉES

** CHOOSE 2 SIDES FOR SELECT STEAK & SEAFOOD ENTRÉES ONLY: SIDE SALAD, CAESAR SALAD, WHITE RICE, SAUTÉED SEASONAL VEGGIES, ROASTED POTATOES, GARLIC MASH POTATOES & GRAVY OR CUP OF FRUIT.

ALL ENTRÉES CAN ADD A SIDE SALAD FOR AN ADDITIONAL 3

"ROCKS" JAMBALAYA

SAUTÉED SHRIMP, CHICKEN, SAUSAGE & TOMATOES, SIMMERED IN CREAMY CAJUN SAUCE ATOP FETTUCCINE & GARLIC BREAD 17

PAN SEARED CHICKEN

MUSHROOM RISOTTO, CHERRY TOMATOES WITH A CHIMICHURRI SAUCE 15

CHICKEN ALFREDO

CHICKEN TOSSED WITH A CREAMY ALFREDO SAUCE TOPPED WITH PARMESAN CHEESE & GARLIC BREAD 16

FETTUCCINI & CLAMS

CHOOSE FROM A CREAMY ALFREDO OR RED MARINARA SAUCE 17

BLACKENED DIABLO CHICKEN PASTA

BLACKENED CHICKEN SERVED ATOP FETTUCCINE, SPICY RED MARINARA SAUCE & GARLIC BREAD 16

"ROCKS" SHRIMP SCAMPI

SAUTÉED SHRIMP, TOMATOES, HERBS, & A WHITE WINE GARLIC BUTTER REDUCTION, CAPERS & PARMESAN CHEESE ATOP FETTUCCINE & GARLIC BREAD 17

RIB DINNER

A FULL RACK OF RIBS BASTED WITH OUR HOUSE BBQ SAUCE & SERVED WITH SEASONAL VEGGIES, MASHED POTATOES & GRAVY 24

** 14oz. RIBEYE

THICK 14 OZ CUT OF ANGUS RIBEYE 26
ADD SAUTÉED SHRIMP 6

**NEW YORK STEAK

THICK CUT OF ANGUS N.Y. STRIP STEAK 21
ADD SAUTÉED SHRIMP 6

**GRILLED SALMON

GRILLED WITH LEMON & OLIVE OIL 23

FISH 'N CHIPS

THICK WHITE FISH FILLET SERVED WITH "ROCKS" FRIES & TARTAR SAUCE 14

3 TACOS

CHOICE OF GRILLED CHICKEN OR STEAK WITH SHREDDED LETTUCE, CHEESE, FIRE ROASTED SALSA & TORTILLA CHIPS 13

FISH TACOS

WHITE FISH FILLET WITH LETTUCE, FIRE-ROASTED SALSA, WHITE SAUCE, LEMON, & TORTILLA CHIPS 14

BEAN & CHEESE BURRITO

REFRIED BEANS, MONTEREY JACK & CHEDDAR CHEESE, LETTUCE, TOMATO, ACCOMPANIED WITH SOUR CREAM & CHIPS & SALSA 10
ADD CHICKEN OR STEAK 4

MEAT LOAF

ALL BEEF HOUSE MADE MEAT LOAF SLOW COOKED WITH KETCHUP GLAZE & SERVED WITH SEASONAL VEGETABLES, MASHED POTATOES & GRAVY 14

"ROCKS" HOT DOG

"ROCKS" HOT DOG SERVED IN A TOASTED BUN WITH "ROCKS" FRIES & CHOPPED ONIONS 7
(ADD ANOTHER DOG 3)

CHICKEN POT PIE

MADE FRESH IN HOUSE. ALL WHITE MEAT CHICKEN BREAST, CARROTS, ONIONS, & CELERY 12

CHICKEN TENDERLOINS

GOLDEN BROWN SERVED WITH "ROCKS" FRIES 12
MAKE BUFFALO STYLE ADD .75

SELECTIONS NOT MARKED WITH ASTERISK DO NOT COME WITH ANY ADDITIONAL SIDES.

BURGERS, SANDWICHES, & WRAPS

CHOOSE 1 SIDE: "ROCKS" FRIES, SWEET POTATO FRIES, SIDE SALAD, CAESAR SALAD OR CUP OF FRUIT.
ADD GUACAMOLE OR BACON TO ANY SANDWICH 2

"ROCKS" BURGER

LETTUCE, TOMATOES, ONIONS, CHOICE OF MELTED CHEESE, & THOUSAND ISLAND 12.50
MAKE IT A DOUBLE ADD 3

AHI BURGER

SEARED AHI TUNA, AVOCADO, SPROUTS WITH A WASABI MAYO DRESSING 15

TURKEY BURGER

ALL WHITE MEAT TURKEY PATTY, LETTUCE, TOMATOES, & ALFALFA SPROUTS TOPPED WITH MELTED PEPPER JACK CHEESE 13

HEALTHY HEART GARDEN BURGER

GARBANZO BEANS, BLACK BEANS, RED PEPPERS, CORN, BROWN RICE, CARROTS, PEAS, ONIONS, BREAD CRUMBS, SERVED WITH PEPPER JACK CHEESE, LETTUCE, TOMATOES, & ALFALFA SPROUTS 12

BEEF SLIDERS

MINI BEEF PATTIES TOPPED WITH CHEDDAR CHEESE, LETTUCE, TOMATOES & THOUSAND ISLAND DRESSING 13

BUFFALO CHICKEN SLIDERS

BUFFALO CHICKEN BREAST TOPPED WITH BLUE CHEESE CRUMBLES, LETTUCE & TOMATOES 13

PRIME RIB DIP

PRIME RIB, CARAMELIZED ONIONS ON A TOASTED BAGUETTE WITH AU JUS & HORSERADISH 14

BLT SANDWICH

BACON, LETTUCE, & TOMATO WITH MAYO 11

CHICKEN SANDWICH

GRILLED CHICKEN BREAST, LETTUCE, TOMATO AVOCADO & PROVOLONE CHEESE 13

TURKEY BACON AVOCADO SANDWICH

THINLY SLICED TURKEY, BACON, AVOCADO, LETTUCE & TOMATOES ON A FRENCH BAGUETTE 13

MEAT LOAF SANDWICH

ALL BEEF HOUSE MADE MEAT LOAF SLOW COOKED WITH KETCHUP GLAZE & SERVED WITH FRIES 11

CHICKEN & AVOCADO WRAP

WHITE MEAT CHICKEN WITH AVOCADO, TOMATO, LETTUCE, SHREDDED JACK CHEESE & ARTICHOKE MAYO SPREAD 13

CHICKEN CAESAR WRAP

GRILLED CHICKEN, LETTUCE, TOMATOES, PARMESAN CHEESE & CAESAR DRESSING 13

BUFFALO CHICKEN WRAP

CRISPY CHICKEN, LETTUCE, TOMATOES, BUFFALO SAUCE, & BLUE CHEESE CRUMBLES 13

BBQ CHICKEN WRAP

GRILLED CHICKEN, CARAMELIZED ONIONS, LETTUCE, TOMATOES, CHEDDAR CHEESE & BBQ SAUCE 13

SIDES

"ROCKS" FRIES

MADE FRESH IN-HOUSE 4

"ROCKS" POTATO CHIPS 4

SWEET POTATO FRIES 4

MADE FRESH IN-HOUSE

SIDE SALAD 4

FRUIT CUP 4

GARLIC PARMESAN FRIES 5

MADE FRESH IN-HOUSE

ROASTED POTATOES 5

SAUTÉED VEGETABLES 5

SAUTÉED SPINACH 6

GARLIC MASHED POTATOES & GRAVY 5

GUACAMOLE

SMALL 2.50 LARGE 5

SOUP & SALAD

ADD CHICKEN OR STEAK TO ANY SALAD 4 AHI 5

CHICKEN COBB

CHICKEN, ICEBERG LETTUCE, EGG, TOMATOES, AVOCADO, SCALLIONS, BACON, & BLUE CHEESE CRUMBLES 13

CAPRESE SALAD

FRESH MOZZARELLA CHEESE ACCOMPANIED WITH HAIRLOOM TOMATOES, BALSAMIC VINEGAR REDUCTION & FRESH BASIL 10

WEDGE SUPREME

WEDGE OF ICEBERG LETTUCE TOPPED WITH TOMATOES, BACON, SCALLIONS & BLUE CHEESE CRUMBLES 9

GRILLED ROMAINE CAESAR SALAD

GRILLED ROMAINE LETTUCE, CAESAR DRESSING, RED ONIONS, TOMATOES, AVOCADO WITH FRESH PARMESAN 12

TRADITIONAL CAESAR SALAD

ROMAINE LETTUCE IN CAESAR DRESSING TOPPED WITH FRESH PARMESAN 10

"ROCKS" SPINACH SALAD

SPINACH, PECANS, CARROTS, TOMATOES, SCALLIONS, BLUE CHEESE CRUMBLES & POMEGRANATE VINAIGRETTE 10
ADD 4OZ SALMON 6

SEARED AHI TUNA SALAD

SERVED ATOP CHOPPED ROMAINE, CARROTS, GREEN ONIONS & CUCUMBER 14

CHICKEN TORTILLA SOUP

BOWL 6