

ENTRÉES

** CHOOSE 2 SIDES FOR SELECT STEAK & SEAFOOD ENTRÉES ONLY: SIDE SALAD, CAESAR SALAD, WHITE RICE, SAUTÉED SEASONAL VEGGIES, GARLIC MASH POTATOES & GRAVY OR CUP OF FRUIT.

ROCKS JAMBALAYA

SAUTÉED SHRIMP, CHICKEN, SAUSAGE & TOMATOES, SIMMERED IN CREAMY CAJUN SAUCE ATOP FETTUCCHINE & GARLIC BREAD 18

PAN SEARED CHICKEN

BONE-IN CHICKEN BREAST, SERVED WITH VEGETABLES & GARLIC MASHED POTATOES 17

CHICKEN ALFREDO

CHICKEN TOSSED WITH A CREAMY ALFREDO SAUCE TOPPED WITH PARMESAN CHEESE & GARLIC BREAD 17

GLUTEN FREE PENNE PASTA

SERVED WITH BASIL, SUNDRIED TOMATOES, OLIVE OIL AND HOUSE-MADE MARINARA SAUCE 14

BLACKENED DIABLO CHICKEN PASTA

BLACKENED CHICKEN SERVED ATOP FETTUCCHINE, SPICY RED MARINARA SAUCE & GARLIC BREAD 17

** 14OZ. RIBEYE

THICK 14 OZ CUT OF ANGUS RIBEYE 32
ADD SAUTÉED SHRIMP 8

** GRILLED SALMON

GRILLED WITH LEMON & OLIVE OIL 25

BEER BATTERED FISH 'N CHIPS

THICK WHITE FISH FILLET SERVED WITH ROCKS FRIES & TARTAR SAUCE 14

ROCKS SHRIMP SCAMPI

SAUTÉED SHRIMP, TOMATOES, HERBS, & A WHITE WINE GARLIC BUTTER REDUCTION, CAPERS & PARMESAN CHEESE ATOP FETTUCCHINE & GARLIC BREAD 18

3 TACOS

CHOICE OF GRILLED CHICKEN OR STEAK WITH SHREDDED LETTUCE, CHEESE, FIRE ROASTED SALSA & TORTILLA CHIPS 14

FISH TACOS

WHITE FISH FILLET WITH LETTUCE, FIRE-ROASTED SALSA, CILANTRO, WHITE SAUCE, LEMON, & TORTILLA CHIPS 14

MEAT LOAF

ALL BEEF HOUSE-MADE MEAT LOAF SLOW COOKED WITH KETCHUP GLAZE & SERVED WITH SEASONAL VEGETABLES, MASHED POTATOES & GRAVY 15

CHICKEN POT PIE

MADE FRESH IN HOUSE. ALL WHITE MEAT CHICKEN BREAST, CARROTS, ONIONS, & CELERY 13

CHICKEN TENDERLOINS

GOLDEN BROWN SERVED WITH ROCKS FRIES 12
MAKE BUFFALO STYLE ADD .75

SELECTIONS NOT MARKED WITH ASTERISK DO NOT COME WITH ANY ADDITIONAL SIDES.

BURGERS, SANDWICHES, & WRAPS

CHOOSE 1 SIDE: ROCKS FRIES, SWEET POTATO FRIES, SIDE SALAD, CAESAR SALAD OR CUP OF FRUIT.
ADD GUACAMOLE OR BACON TO ANY SANDWICH 2

ROCKS BURGER

LETTUCE, TOMATOES, ONIONS, CHOICE OF MELTED CHEESE, & THOUSAND ISLAND 13
MAKE IT A DOUBLE ADD 3

AHI BURGER

SEARED AHI TUNA, AVOCADO, SPROUTS WITH A WASABI MAYO DRESSING 15

TURKEY BURGER

ALL WHITE MEAT TURKEY PATTY, LETTUCE, TOMATOES, & ALFALFA SPROUTS TOPPED WITH MELTED PEPPER JACK CHEESE 13

HEALTHY HEART GARDEN BURGER

GARBANZO BEANS, BLACK BEANS, RED PEPPERS, CORN, BROWN RICE, CARROTS, PEAS, ONIONS, BREAD CRUMBS, SERVED WITH PEPPER JACK CHEESE, LETTUCE, TOMATOES, & ALFALFA SPROUTS 13

BEEF SLIDERS

MINI BEEF PATTIES TOPPED WITH CHEDDAR CHEESE, LETTUCE, TOMATOES & THOUSAND ISLAND DRESSING 13

BUFFALO CHICKEN SLIDERS

BUFFALO CHICKEN BREAST TOPPED WITH BLUE CHEESE CRUMBLES, LETTUCE & TOMATOES 13

CHICKEN SANDWICH

GRILLED CHICKEN BREAST, LETTUCE, TOMATO AVOCADO & PROVOLONE CHEESE 13

PRIME RIB DIP

PRIME RIB, CARAMELIZED ONIONS ON A TOASTED BAGUETTE WITH AU JUS & HORSERADISH 15

BLT SANDWICH

BACON, LETTUCE, & TOMATO WITH MAYO 11

TURKEY BACON AVOCADO SANDWICH

THINLY SLICED TURKEY, BACON, AVOCADO, LETTUCE & TOMATOES ON A FRENCH BAGUETTE 14

MEAT LOAF SANDWICH

ALL BEEF HOUSE MADE MEAT LOAF SLOW COOKED WITH KETCHUP GLAZE & SERVED WITH FRIES 12

CHICKEN & AVOCADO WRAP

WHITE MEAT CHICKEN WITH AVOCADO, TOMATO, LETTUCE, SHREDDED JACK CHEESE & ARTICHOKE MAYO SPREAD 14

CHICKEN CAESAR WRAP

GRILLED CHICKEN, LETTUCE, TOMATOES, PARMESAN CHEESE & CAESAR DRESSING 14

BUFFALO CHICKEN WRAP

CRISPY CHICKEN, LETTUCE, TOMATOES, BUFFALO SAUCE, & BLUE CHEESE CRUMBLES 14

BBQ CHICKEN WRAP

GRILLED CHICKEN, CARAMELIZED ONIONS, LETTUCE, TOMATOES, CHEDDAR CHEESE & BBQ SAUCE 14

SIDES

ROCKS FRIES

MADE FRESH IN-HOUSE 4

POTATO CHIPS 4

SWEET POTATO FRIES 4

MADE FRESH IN-HOUSE

SIDE SALAD 4

FRUIT CUP 4

GARLIC PARMESAN FRIES 5

MADE FRESH IN-HOUSE

SAUTÉED VEGETABLES 5

SAUTÉED SPINACH 6

GUACAMOLE

SMALL 2.50 LARGE 5

SOUP & SALAD

ADD CHICKEN OR STEAK TO ANY SALAD 4 AHI 6

CHICKEN COBB

CHICKEN, ICEBERG LETTUCE, EGG, TOMATOES, AVOCADO, SCALLIONS, BACON, & BLUE CHEESE CRUMBLES 13

CAPRESE SALAD

FRESH MOZZARELLA CHEESE ACCOMPANIED WITH HEIRLOOM TOMATOES, BALSAMIC VINEGAR REDUCTION & FRESH BASIL 10

WEDGE SUPREME

WEDGE OF ICEBERG LETTUCE TOPPED WITH TOMATOES, BACON, SCALLIONS & BLUE CHEESE CRUMBLES 9

GRILLED ROMAINE CAESAR SALAD

GRILLED ROMAINE LETTUCE, CAESAR DRESSING, RED ONIONS, TOMATOES, AVOCADO WITH FRESH PARMESAN 12

TRADITIONAL CAESAR SALAD

ROMAINE LETTUCE IN CAESAR DRESSING TOPPED WITH FRESH PARMESAN 10

BABY KALE SALAD

CHOPPED BABY KALE TOSSED WITH GOAT CHEESE, BABY HEIRLOOM TOMATOES, & A HEARTY FIVE WAY GRAIN 10

SEARED AHI TUNA SALAD

SERVED ATOP CHOPPED ROMAINE, CARROTS, GREEN ONIONS & CUCUMBER 14

CHICKEN TORTILLA SOUP

BOWL 6